





The Vitamin Marketing Experts

March 5, 1998

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4/6/98

Dr. Elizabeth Yetley  
Director of the Office of Special Nutritional  
Division of Programs and Enforcement Policy  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C Street  
HFS-455  
Washington, D.C. 20204

Dear Dr. Yetley:

Notice is hereby given pursuant to the requirements of Section 403(r) (6)(21 U.S.C. 343(r)(6)) of the Federal Food, Drug and Cosmetic Act of statements of nutritional support which have been made on the label and/or in the labeling in connection with the marketing of the dietary supplement STANDARDIZED HERBAL EXTRACT VALERIAN ROOT 100 MG. STANDARDIZED HERBAL EXTRACT VALERIAN ROOT 100 MG was first marketed with these statements of nutritional support on Monday, March 16, 1998. The statements of nutritional support are as follows:

As shown in scientific studies.. Naturally improves sleep quality. Helps calm nerves during the day. Promotes relaxation & nighttime rest.

Very truly yours,

MASON VITAMINS, INC.

Sonia C. Rodriguez  
VP Marketing & Regulatory Affairs

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